JUNIOR PROGRAMME 2024

ENGLISH PLUS RUGBY WITH MUNSTER RUGBY

- HOST FAMILY & RESIDENCE

On the English and Munster Rugby programme, students will build and develop their confidence in communicating in English and increase their vocabulary and social English while learning more about rugby values including teamwork, respect, and integrity.

Course Description

Students on this course attend English language classes in the morning and the focus of the afternoon activities is on rugby training and matches with our Professional Munster Rugby coaches.

This programme includes:

- 20 Lessons per week (1 lesson = 45 mins)
- Full board accommodation
- Use Of All Pedagogical Material
- · Welcome pack with maps and CEC notepad
- Rugby Training with Munster Rugby 5 Afternoons per week
- Evening Activities
- 1 Full Day Activity Per Week
- Weekly Assessment & End of Course Diploma
- Bus Ticket Host Family Option Only
- Transfers Included (Cork Airport) Host Family Option Only





13-16 **Age Groups** Host Family / Residence Included **Accommodation**

Included Registration

Materials Transfer

€60 for individuals (Cork Airport)

Minimum 2 week booking

Sample Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09:00 12:15 12:30	English Lessons	English Lessons	English Lessons Lunch Break	English Lessons	English Lessons		
14:00 14:00 17:00	Rugby Training	Rugby Training	Rugby Training	Rugby Training	Rugby Training	Full day trip to Killarney	Shopping Day
17:00	(Legs		Dinner Break	<u>, </u>		Cork	
19:00 Evening	Irish Dancing Night	Board Games	International Disco	Karaoke night	Talent Show night		













